

Secondary Education: Kinesiology 2024-2025

Advising Guide



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GENERAL EDUCATION

PROGRAM REQUIREMENTS

Course #	Course Title	CR	
Written Communication			
ENGL 101	English Composition I	3	
ENGL 102	English Composition II	3	
Oral Communication			
COMM 101	Fundamentals of Oral Communication	3	
Mathematical Ways of Knowing			
Any Gen Ed.		3	
Scientific Ways of Knowing			
BIOL 227 OR BIOL 105	Human Anatomy & Physiology 1 OR Human Structure & Function	4	
Must be a different discipline from BIOL		4	
Humanistic & Artistic Ways of Knowing			
Complete 2 courses from different disciplines		3	
		3	
Social & Behavioral Ways of Knowing			
PSYC 101	General Psychology	3	
Complete 1 course (not Psychology)		3	
Wellness			
Gen Ed.	Wellness	2	
Introduction to General Education			
Gen Ed. 101	General Education	3	
LCSC BA/BS Degree Requirements			
ALL 160	Culture, Historical and Philosophical Concepts in Sports	3	
ALLH 220	Fundamentals of Nutrition	3	
EDUC 135	Court Skills and Analysis	3	
EDUC 136	Field Skills and Analysis	3	
EDUC 137	Fitness Skills and Analysis	3	
EDUC 201	Foundations of Education	3	
EDUC 202	Field Experience	1	
EDUC 204	Families, Communities, and Culture (Min Grade B-)	3	
EDUC 205	Developmental and Individual Differences (Min Grade B-)	3	
EDUC 211	Physical Education for Elementary Teachers	3	
PSYC 211	Psychology of Death and Dying	3	
EDUC 215	Educational Technology	3	
CSI TOTAL		69	

Course #	Course Title	CR	
Major Courses			
KIN 248	Sports Medicine	3	
KIN 260	Intro to Kinesiology and Health	3	
KIN 269	Skills & Analysis: Educ Gym & Mov	3	
KIN 355	Strategies for Teaching Physical Activities	3	
KIN 362	Biomechanics	3	
KIN 363	Physiology of Exercise	3	
KIN 370	Motor Learning/Motor Development	3	
KIN 381	Tests and Measurements in Physical Education	3	
KIN 467	Physical Activity and Recreation for Individuals w/ Special Needs	3	
KIN 472	Outdoor Education	3	
KIN 486	Organization and Administration of HPER	3	
HLTH 247	Stress Management	1	
HLTH 272	Fitness and Wellness	3	
HLTH 342	Community Health	3	
HLTH 354	Addiction and Performance	2	
HLTH 246	Human Sexuality	1	
Secondary Education Requirements			
ED 318	Assessment of Learning	3	
ED 321	Educational Psychology	3	
RE 309	Disciplinary Literacy	3	
ED 445	Instructional Strategies and Classroom Management, 6-12	3	
ED 447	Teaching Methods in the Content Area	2	
Internship:			
ED 452	Internship Seminar	1	
ED 460	Professional Internship in Education, 6-12	12	
Integrative Seminar: Ethics & Values			
Student does not need this class when transferring with an AA or AS			
Graduation Requirements			
Resident Credits		32	
Upper Division Credits		36	
TOTAL CSI & LC State Credits		143	

LC State Admissions

www.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.edu

Ask about Co-Enrollment/Co-Admissions



Complete all required/elective coursework for the AA/AS degree at the College of Southern Idaho.

- This advising guide is based on completion of an Associate's degree (AA/AS) in K-12 Physical Education at the College of Southern Idaho with additions made to meet lower division requirements.
- Students who transfer without being core complete may need to take additional LC State General Education core courses.
- 32 Residency (LC State) credits required for graduation/36 must be upper division.

A minimum grade of "C" or better and a minimum 3.0 GPA is required for all General Education courses. A minimum grade of "B-" or better is required in all Secondary Education Program courses. A minimum GPA of 3.0 must be maintained in the content area and in the cumulative overall grade point average."