## Kinesiology (with emphasis in) Exercise Science/Health Occupations 2024-2025

Advising Guide

## TREASURE VALLEY

Contact: TVCC Advising | 541-881-8822 | advising@tvcc.cc

Course # Course Title					
Written Commu	inication				
WR 121/122	121/122 English Composition				
WR 123	English Composition	4			
Oral Communica	ation				
COM 11Z, SP112 or SP219					
Mathematics					
Select at least 1 course 100 level or above, in consultation with TVCC advisor					
Science/Math/C	Computer Science				
BIOL 211 or BIOL 231 & 232	College Biology or Human Anatomy and Physiology	8			
CHEM 104 & 105 or CHEM	Survey of Chemistry (Health) or College Chemistry	8 to 10			
221 & 222					
Arts and Letters					
Select at least 3 courses from 2 or more disciplines, in consultation with TVCC advisor					
Social Sciences					
Select at least 4 courses from at least two disciplines, in consulation with TVCC advisor					
Health/Wellnes	s/Fitness				
PE 295 Health and Fitness for Life 3 ultural Literacy					
Cultural Literacy	/				
Select 1 course, in consultation with TVCC advisor					
Associates Requ	irements that meet LC State BA/BS Degree Requirements				
Select additional	credits to total 60.3, in consultation with TVCC advisor				
Additional TVCC	courses that meet LC State BA/BS Degree Requirements				
HPE 131	Intro to P.E. & Health	3			
SOC 231	Human Sexuality				
HPE 294	294 Professional Activities Methods				
HPE 259	PE 259 Intro to Athletic Training I				
HPE 260J* Intro to Athletic Training II					
LC State (minimum credit equivalents)					
	LC State Admissions				



Contact: Rachel Jameton | 208-792-2597 | rajameton@lcsc.edu DEOCRAM DEOLUBEMENTS / Competer Credite

integrate         <		GENERAL EDUCATION (Quarter Credits)		PROGRAM REQUIREMENTS (Semester Credits)				
R121/12       English Composition       B       A	Course #	Course Title	CR	Course #	Course Title	CR		
n1       indigen composition       4       Major Courses are required for ALL Kneetidopy emphasis areas:       1         DAT 17, SP112 or SP219       3       5         DAT 18, SP112 or SP219       5       5         Detect at 10 cours: 100 level or above, in consultation with TVC advisor       5 Aur       1       1         DP112 or SP219       8       5       1	Written Comm	nunication		Integrative Semi	nar: Ethics & Values			
al Communication       Image for partial or sP19       Image for part	WR 121/122	English Composition	8	Student does not	Student does not need this class when transferring with an AA or AS			
$ \begin{array}{c c c c c c } \begin{tabular}{ c c c c c c c c c c c c c c c c c c c$	WR 123	English Composition	4	Major Courses	Major Courses			
attematiciiiidecir at least 12 ourse 100 lead or above, in consultation with TVC2 advisor5.4iii <td colspan="3">Oral Communication</td> <td>The following cou</td> <td colspan="4">The following courses are required for ALL Kinesiology emphasis areas:</td>	Oral Communication			The following cou	The following courses are required for ALL Kinesiology emphasis areas:			
hete takes 1 course 100 level or above, in consultation with TVCC advisor $S$ -Mar $ $ $LIIII 354$ Addiction and Performance $ $ 2 $ $ $LIIII 370$ Motor Learning/Motor Development. $ $ 3 $ $ $ $ $ $ $LIIII 370$ Motor Learning/Motor Development. $ $ 3 $	COM 11Z, SP112 or SP219		3	HLTH/KIN 272	Fitness & Wellness	3		
ianc/Math/Computer Science       i	Mathematics			HLTH 352	Technologies for Health & wellness Professionals	3		
0.233 or 200       College Biology or Human Anatomy and Physiology       8       1         0.233 or 223 or 200       Survey of Chemistry (Health) or College Chemistry       8       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       8       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       8       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       9       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       9       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       9       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       9       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       9       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       1       1         5 or 0.211 or 200       Survey of Chemistry (Health) or College Chemistry       1       1         5 or 0.211 or 200       Survey of Chemistry (Health) or 0.201 or 201 o	Select at least 1 course 100 level or above, in consultation with TVCC advisor		5-Mar	HLTH 354	Addiction and Performance	2		
$ \begin{array}{                                    $	Science/Math/Computer Science			KIN 370	Motor Learning/Motor Development	3		
35 or CHM       Survey of Chemistry (Health) or College Chemistry       8 to 10       International Control Chemistry (Health) or College Chemistry       8 to 10       International Control Chemistry       3       1         12 to 222       Serior Research Project I       Serior Research Project II       3       1	BIOL 211 or BIOL 231 & 232	2 College Biology or Human Anatomy and Physiology	8	KIN 381	Tests and Measurement	3		
11 8.222       Min 498       Senior Research Project I       3       3         12 8.222       Min 498       Senior Research Project II       3       3         12 6 all least 3 courses from 2 or more disciplines, in consultation with TVCC advisor       9       5       5       Senior Research Project II       3       1         12 bed science       12 bed science       12 bed science       1 <td< td=""><td>CHEM 104 &amp; 105 or CHEM</td><td rowspan="2">CHEM Survey of Chemistry (Health) or College Chemistry</td><td>8 to 10</td><td></td><td>Organization &amp; Adminstration of HPER</td><td>3</td><td></td></td<>	CHEM 104 & 105 or CHEM	CHEM Survey of Chemistry (Health) or College Chemistry	8 to 10		Organization & Adminstration of HPER	3		
Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 267, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 263, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 266, or       2         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 263, KIN 266, or       3         spial Science       Select two of the following Skill/Analysis courses: KIN 263, KIN 263, KIN 266, or       3         spial Science       Select two of the following Skill/Analysis courses: KIN 263, K	221 & 222		0 10 10		Senior Research Project I	3		
km 2 doubse from 2 of more disciplines, in consultation with TVCC advisor               km 2 do	Arts and Lette	rs		KIN 499	Senior Research Project II	3		
Add Sciences         42         Decision-Making for Sport Leaders         3         4           HETH 248 or HETH 250 or HETH	Select at least 3 courses from 2 or more disciplines, in consultation with TVCC advisor		9					
Het Heat Hask two disciplines, in consultation with TVCC advisor       Image: Consultation With TV	Social Sciences					3		
intro       DPL 296       Health and Fitness for Life       3       3       1         Attraut Lifes       3	Select at least 4 courses from at least two disciplines in consulation with TVCC advisor		12		Behavior Change or Stress Management	1		
PE 295       Health and Fitness for Life       3				Emphasis Area	Emphasis Area			
idural Literacy       KIN 362       Biomechanics       3       3         idural Literacy       Sto 4       KIN 362       Biomechanics       3       3         idect 1 course, in consultation with TVCC advisor       3 to 4       KIN 363       Physiology of Exercise Prescription       3       3         idect additional Credits to total 60.3, in consultation with TVCC advisor       KIN 363       Physiology of Exercise Science       3       3         idect additional TVC Courses that meet LC State BA/BS Degree Requirements       KIN 363       Physiology of Exercise Science       3       3       3       5         idect additional TVC Courses that meet LC State BA/BS Degree Requirements       Select eight (8) credits from the following:       8       3       3       3       5         PE 131       Intro to P.E. & Health       3       Select eight (8) credits from the following:       8       7         PE 259       Intro to Athletic Training 1       3       S       5       6       5       6       5       6       5       6	Health/Wellness/Fitness		-1	HLTH 253	Nutrition	3		
index in consultation with TVCC advisor       3 to 4       international station with TVCC advisor       3 to 4       international stational station	HPE 295	95 Health and Fitness for Life 3		KIN 248	KIN 248			
ssociates Requirements that meet LC State BA/BS Degree Requirements   ssociates Requirements that meet LC State BA/BS Degree Requirements   stditional credits to total 60.3, in consultation with TVCC advisor   stditional TVCC courses that meet LC State BA/BS Degree Requirements   stditional TVCC courses that meet LC State BA/BS Degree Requirements   stditional TVCC courses that meet LC State BA/BS Degree Requirements   stditional TVCC courses that meet LC State BA/BS Degree Requirements   stditional TVCC courses that meet LC State BA/BS Degree Requirements   select eight (8) credits from the following:   PE 131   Intro to P.E. & Health   3   DC 231   Human Sexuality   9   PE 259   Intro to Athletic Training I   3   9   C State Admissions   9   C State Admissions or (208) 792-2378 admissions@lcsc.edu   Complete all required/elective coursework for the AAOT degree at Tressure Valley Community College (90 quarter credits minimum).	Cultural Literacy			KIN 362	Biomechanics	3		
Additional TVCC advisor       Internship: Exercise Science       Internship: Exercise Science       Image: Science <t< td=""><td colspan="2">Select 1 course, in consultation with TVCC advisor</td><td>3 to 4</td><td>KIN 363</td><td>Physiology of Exercise</td><td>3</td><td></td></t<>	Select 1 course, in consultation with TVCC advisor		3 to 4	KIN 363	Physiology of Exercise	3		
inditional TVCC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses that meet LC State BA/BS Degree Requirements       inditional TVC courses the following:       inditional Science of the required courses in the emphasis area.         intro to Athletic Training I       intro to Athletic Training II	Associates Requirements that meet LC State BA/BS Degree Requirements			KIN 434	Exercise Prescription	3		
PE 131       Intro to P.E. & Health       3       Intro to Athletic Training I       3       Intro to Athletic Training II       3       Intro to Athletic Training II <td colspan="2">Select additional credits to total 60.3, in consultation with TVCC advisor</td> <td></td> <td>KIN 494</td> <td>Internship: Exercise Science</td> <td>3</td> <td></td>	Select additional credits to total 60.3, in consultation with TVCC advisor			KIN 494	Internship: Exercise Science	3		
A A A A A A A A A A A A A A A A A A A	Additional TVCC courses that meet LC State BA/BS Degree Requirements			Select eight (8) cr	Select eight (8) credits from the following:			
PE 294       Professional Activities Methods       2       2       6       General Electives         PE 259       Intro to Athletic Training I       3       3       5       5         PE 260J*       Intro to Athletic Training II       3       3       60       6       6         PE 260J*       Intro to Athletic Training II       3       60       6       7       7	HPE 131	Intro to P.E. & Health	3	HLTH 248, HLTH 3	HLTH 248, HLTH 343, HLTH 453, HLTH 454, KIN 411, KIN 435, KIN 436, KIN 467			
PE 259       Intro to Athletic Training I       3       3       5       5         PE 260J*       Intro to Athletic Training II       3       3       60	SOC 231	Human Sexuality	3	*TVCC courses HI	*TVCC courses HPE 259 + HPE 260J count as one of the required courses in the emphasis area.			
Intro to Athletic Training II     3     60     67       F2 260J*     Intro to Athletic Training II     3     3       LC State (minimum credit equivalents)     60     60       LC State Admissions     60     60       Upper Division Credits     32       Upper Division Credits     36       TOTAL TVCC & LC State Credits minimum).     120	HPE 294	Professional Activities Methods	2	General Elective	General Electives			
LC State (minimum credit equivalents)       60       Resident Credits       32         LC State Admissions       Upper Division Credits       36         www.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.edu       TOTAL TVCC & LC State Credits       36         Complete all required/elective coursework for the AAOT degree at Treasure Valley Community College (90 quarter credits minimum).       120	HPE 259	Intro to Athletic Training I	3	Electives	Electives			
LC State Admissions       Upper Division Credits       36         www.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.edu       TOTAL TVCC & LC State Credits       120         Complete all required/elective coursework for the AAOT degree at Treasure Valley Community College (90 quarter credits minimum).       120	HPE 260J*	Intro to Athletic Training II	3	Graduation Requ	Graduation Requirements			
www.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.edu       TOTAL TVCC & LC State Credits       120         Complete all required/elective coursework for the AAOT degree at Treasure Valley Community College (90 quarter credits minimum).       120		LC State (minimum credit equivalents)	Resident Credits	Resident Credits				
Complete all required/elective coursework for the AAOT degree at Treasure Valley Community College (90 quarter credits minimum).		LC State Admissions	Upper Division Cr	Upper Division Credits				
	w	ww.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.e	TOTAL TVCC & LC	C State Credits	120			
This advising guide is based on completion of an Associate's of Arts Oregon Transfer (AAOT) degree at Treasure Valley Community College with additions made to meet lower division requirements.		Complete all required/elective coursework for	or the AAC	OT degree at Treasure Valley Comm	unity College (90 quarter credits minimum).			
Courses used to fulfill specific general education core requiremetns cannot be double-counted to fulfill LC State program requirements.					additions made to meet lower division requirements.			

32 Residency (LC State) credits required for graduation/36 must be upper division.

• The "X" in the LC State column indicates the class was likely transfered if student chose TVCC elective.

At TVCC a minimum grade of "C-" is required for Gen Ed courses and a minimum 2.0 GPA is required to qualify for Associate's Degree.